

### **PLEASE READ – VITAL INFORMATION**

● We only use the finest, sterile pigments available. They DO NOT contain Iron Oxide and are **MRI Safe**. ● Even though we combine this with the most advanced application techniques for our permanent makeup procedures some of these procedures need to be repeated because the original application can fade anywhere from 25% to 65%. Individual chemical and genetic makeup can affect the final result. We cannot accurately predict how much fading you might experience with your procedure. ● We sincerely hope that you are one of those lucky individuals who get perfect results with only one application, but this cannot be guaranteed. ● Please remember that the amount of pigment you retain or lose after your initial application is not a reflection of the quality of work.

In case your procedure must be repeated, you must wait at **least 21 days** from the date of your original application.

**\*\* UNDER NO CIRCUMSTANCES CAN AN APPLICATION BE REPEATED WITHIN A TIME FRAME OF LESS THAN 21 DAYS  
the tissue is not ready to absorb new pigment. \*\***

### **ARE YOU A GOOD CANDIDATE FOR PERMANENT MAKEUP?**

● Please contact Marcia @ 724.680.0048 if you are on any medications for a serious medical condition, if you have any allergies to pigments or dyes, if you had an allergic reaction to a previous tattoo, or if you are prone to keloid scarring. In some cases you may need a doctor's permission to move forward with a treatment. ● You may not receive treatment while you are pregnant. ● If you have ever had a cold sore or fever blister and are interested in LIP treatment, then you must get a prescription from your doctor, enough for a total of 2 or maybe 3 procedural applications (4 weeks apart). The three most commonly prescribed drugs for this are: Zovirax, Famvir, and Valtrex. Typically the regimen to follow would be to start taking the medications 3-4 days prior, during, and after your procedure. ● If you have had any type of eye surgery, consult with the physician about how long you should wait before having a permanent eyeliner procedure. Most physicians are giving a two (2) month approval after cataract, Lasik, and blepharoplasty. ● The area for the procedure must be healthy, strong, non-sensitive, and non-irritated..

**SCHEDULING AN APPOINTMENT DATE** ● Keep in mind the healing time of the procedure. You will need a few days afterward without social plans or strenuous activity. ● Get ahead on your dirty work – no lawn mowing or chores that will get dirt / bacteria on the healing area. ● Do NOT have travel plans for the next week following your treatment. ● We consider the area to be an open wound that will not be wearing a protective barrier, so we advise all clients not to travel or go to a public place to reduce the risk of infection. This includes amusement parks, picnics, airports, or unsanitary work environments. ● Also: 1) you will need healing time – you will not look like you had a makeover at the mall, 2) you will need to avoid sun, wind, and other items listed in the post-care instructions, 3) if you had a question or permanent makeup problem, it would be best to be near your permanent makeup artist and local physician.

### **BEFORE YOUR PROCEDURE**

1 month before procedure ● Discontinue vitamin A / retinol products. 3 weeks before procedure

- Do not have Botox. 2 weeks before procedure
- Do not tan or have sunburned face.
- Do not have any type of facial / peel. 1 week before procedure
- Do not pick / tweeze / wax / perform electrolysis.
- Do not take fish oil or vitamin E (natural blood thinners). 3 days before procedure
- Do not wax or tint your eyebrows. 2 days before procedure
- Do not dye or perm eyelashes. NOTE: To avoid excessive bleeding & poor color deposit
  - Do not drink alcohol 24 – 48 hours before procedure.
  - Do not consume coffee before your procedure (causes more bleeding and increases anxiety).
  - Do not take aspirin or ibuprofen for pain relief (this thins the blood).

### **THE DAY OF YOUR PROCEDURE**

- Do not work out.
- Do not take any blood thinners such as aspirin, Ibuprofen, caffeine, multi-vitamins, or omega fish oil supplements.
- Try not to consume coffee, kale or spinach a day or so beforehand.

- Antihistamines, like Benadryl, taken before the procedure may reduce swelling and help you relax if you have bad anxiety.
- Please remove all makeup, lotions, and tanners on the area to be treated. Clothing
- Do not wear your good clothes for the procedure because pigment might splatter. Pigment washes out of most clothes, but it is not guaranteed. Wear something comfortable. Special Note: Eyeliner Procedures
  - Benadryl taken 1 hour before helps eyes be less watery during eyeliner procedures. Watery eyes can dilute the pigment that is being implanted.
  - We recommend using artificial tears 1-2 hours before procedure. In addition to these eye drops, a steroid eye drop may be prescribed.
  - Bring your prescription glasses (if prescribed contact lenses are worn daily or needed). You must remove contact lenses before procedure and cannot put contact lenses back in until 24 hours after procedure.
  - Bring sunglasses to wear home. Eyes may be light sensitive.
  - It is always a good idea to bring someone to drive you home from your appointment in case swelling and eye sensitivity is too intense.
  - Do NOT use an eyelash curler.

PROCEDURE INSTRUCTIONS – For ALL Procedures Remember: With the proper before and aftercare routine, you will have much better results with your permanent makeup procedure. Careful aftercare is very important for producing a beautiful and lasting result. Fading or loss of pigment may occur. Some flaking off of the pigment may occur more on some skin types. Do not be alarmed; it is normal. There should be pigment under the skin where the surface pigment has flaked off. If there is NO pigment there, then a touch-up is needed. ● The intensity of color is most prominent following the procedure itself. ● Over the next 2-3 weeks the pigment intensity will lighten by 30-50%. ● If after one (1) month you feel that certain modifications in the pigmentation need to be made, we will be happy to discuss this with you. ● As the procedure area heals, the color will lighten and sometimes disappear in places. This can all be addressed during the touch up appointment, which is why a touch up may be necessary. The procedure area must heal completely before we can address any concerns. Healing takes about 4 weeks. ● A touch up may be needed a month later. A touch up may be needed once or twice a year after the first touch up procedure, depending on your skin, medications, and sun exposure. We recommend the first touch up 30 day after the first session. Therefore, every 6 months to a year to keep them looking fresh and beautiful.

1. For SWELLING & BRUISING: Immediately after your procedure, apply an cool pack for 10-15 minutes each hour for the first 24 hours following the procedure to reduce swelling. Swelling usually lasts no longer than 48 hours.
2. Apply thin coats of A & D ointment or After-Inked morning and night, before showers, and before workouts, during the full healing process (5-7 days). Apply with a clean Q-tip; do not use your fingers. It takes about a week (usually 7-10 days) for a tattoo to heal on the surface. Healing is still occurring an additional 2-3 weeks beneath the skin.
3. DO NOT rub, pick, or scratch the treated area; allow it to flake off on its own. Apply aftercare ointment for any itching. Let any scabbing or dry skin naturally exfoliate away. Picking can cause scarring or loss of color. If it is removed prematurely, the pigment underneath can be pulled out with the scab.
4. Do NOT use any makeup over the area for about a week until the epidermis is healed.
5. Do not workout or sweat the first 5 days after your procedure (normal activity can be resumed immediately).
6. For PAIN: Tylenol is recommended for temporary pain relief. For SCABBING & DRY TIGHTNESS: Apply aftercare ointment as directed.
7. For ITCHING: You may apply a hydrocortisone cream to the area for relief.
8. Do NOT have any travel plans for the next week following your treatment.
9. Keep out of the sun for 7 days. Ongoing, after 7 days, wear sunscreen to aid in the longevity of your tattoo and prevent future fading of pigment color.

Continuing for 2 weeks (14 days) after your procedure:

1. Do not expose the area to the sun or tanning beds. Ongoing, after 14 days, wear sunscreen to aid in the longevity of your tattoo and prevent future fading.
2. When you resume mascara use, purchase a new tube of mascara; the old tube may have bacteria in it.
3. Do not apply peroxide or other creams (only apply the ointment given to you by the technician).
4. Avoid heavy sweating and long hot showers.
5. Avoid sleeping on your face.
6. Avoid swimming, lakes, hot tubs, sauna, steam room, or tanning beds.
7. Avoid microdermabrasion, acid peels, and acne medications such as Retin-A, as these may greatly fade or damage your new procedure.

Special Instructions: LIP LINER & FULL LIP COLOR AFTERCARE What to expect

- SWELLING: SEVERE.
- Dryness of the treated area.
- Fever blisters or cold sores (treat with antiviral cream or oral tablets before during and after procedure).
- Scabbing.
- Pat ointment onto lips or rub in a circular motion. Special Instructions:

EYEBROW AFTERCARE- What to expect:

- SWELLING: MILD and barely noticeable.
- Tenderness (day of treatment, next morning).
- Dryness and itching in the treated area (as the skin heals, it begins to feel tight and/or itchy).
- Flaking (begins around day 4 to about day 7); do NOT pick the flakes off.
- Do NOT get eyebrows wet during the healing process (5-7 days).

Special Instructions: EYELINER AFTERCARE- What to expect:

SWELLING: MODERATE. If swelling lasts beyond two days, remove all ointments and keep dry.

- ✓ Eyelashes may stick together the next morning.
- ✓ Puffy eyelids for 2-3 days.
- ✓ Tenderness. ✓ Redness or mild bruising around the eye area. ✓ Itchiness (if poor hygiene is used, an infection can occur and m